

# Become a Spiritual Caregiver Volunteer

*An Opportunity to Learn, Serve, and Grow*

Spiritual Caregivers provide  
compassionate support  
to enhance the well-being of seniors



## Spiritual Caregiver Volunteers:

- Will receive fifty-hours of training, over four months, to help people struggling with depression, loss, grief, illness, or spiritual concerns of normal aging
- Visit their client once per week for about an hour
- Meet for peer mentoring & continuing education twice per month

*Successful candidates are asked to make a two-year commitment and will be trained starting at the end of January 2012. Volunteers who apply by January 6, 2012 will complete training to be matched with a care receiver by the end of May. The following training cycle will start in September 2012.*

***Aging and Spiritual Well-being is an interfaith/  
non-denominational volunteer program of  
Somerville-Cambridge Elder Services.***

Somerville  Cambridge  
**Elder Services**

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[www.eldercare.org](http://www.eldercare.org)

To volunteer or for more information, please contact Nancy Willbanks  
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